

# Stay Consistent... Have a **POWER Hour** every day!

Why is a **POWER Hour** so effective?

1. *Helps you form good **habits!***
2. *The secret to success with this system is **focus!***
3. *This system encourages daily **action!***

How it works... Five days a week, spend one **POWER Hour** on your business! Divide your hour into 15 minute increments. Use categories below:

1. **Host related calls...** host coaching our setting up new parties!
  - a. Coaching calls... *How many people expecting...have you personally invited...review her host goals?*
2. **Follow-up on Recruit leads!** Those who have expressed interest or someone you've met that would be great at selling Tupperware.
3. **Customer Follow-up calls!**
  - a. Guest Pre-calls: Day before or morning of party... *"Hi, this is your Tupperware Girlfriend reminding you of \_\_\_\_\_ party tonight! Bring 2 friends and get a gift!"*
  - b. Guest 24 hour after calls: *"This is \_\_\_\_\_, your Tupperware Girlfriend. Just wanted to say Thank You for attending \_\_\_\_\_ party. It's so nice to have friends & family support each other! Enjoy your new Tupperware when you receive it."*
  - c. Customer Check-In calls: *"Hi, this is your Tupperware Girlfriend, \_\_\_\_\_, just checking in. How's your new \_\_\_\_\_ that you ordered from \_\_\_\_\_ party?"*
4. **Personal Development & Growth!**
  - a. Positive book/cd...
  - b. Network groups...
  - c. Training calls... FSRC podcast and more...

*If you spend less than 15 minutes in any category then add those minutes to a different category!*

## Is moving up to the next level your goal? Then Double your **POWER Hour!**

One hour in your personal business (above) and the second your Team business! Team increments can be divided into...

1. Call a team member today! Invite them to the next event! Team meeting...training call...
2. Work together on goals - do you know what their goals are?
3. Do 3-way calling together to date parties or recruit new team members...
4. Answer any questions they may have...

Can you imagine what your business will look like after a month of doing your **POWER Hour**?

Imagine having 2 parties a week? One new team member a week? How about extra cash for the month, the year? How about a car/cash allowance? How about new friends and fun? Just imagine...Just One **POWER Hour** everyday!

Now...you need some **TNT...Today Not Tomorrow!!** The "present" (not yesterday or tomorrow) is a GIFT! Your moment is NOW! I dare you!